

# WAVELENGTH

## Chesham Swimming Club

Chesham Leisure Centre, White Hill, Chesham, Bucks. HP5 1BB

[www.cheshamswimmingclub.org.uk](http://www.cheshamswimmingclub.org.uk)

Swim21  
Accredited

CLUB  
MARK



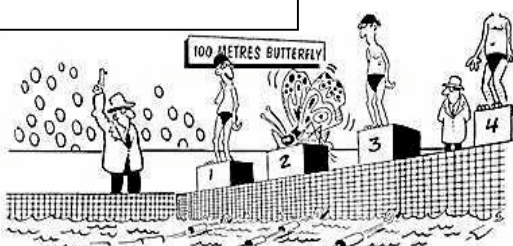
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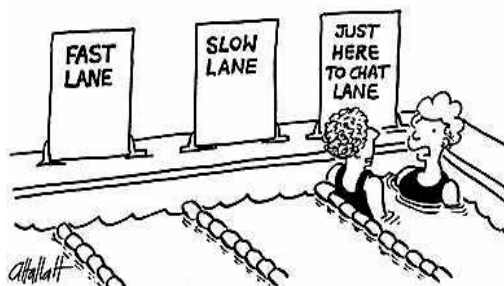
*Sonja Ballingall* - Editor

### Welcome back

No flyers allowed here



Coach says we can move up when we stop talking!



## Closing date for Club Championships 21<sup>st</sup> October

Look on CSC website for programme, details how to enter & entry form



Check the website for Club Championship results - look in the 'secure members' area'

Results for Club Championships will also be posted on the Club notice boards.  
Find them by the sports hall and gym.

# **DATES FOR YOUR DIARY**

## **SQUAD FEES – Schedule for your diary**

Fees are due quarterly on 1<sup>st</sup> of January, April, July & **October**. Usual discount of £5.00 applicable provided fees are paid by the 10<sup>th</sup> of the month in which they fall due.

## **PARENTS MEETING Sunday 23<sup>rd</sup> September 2007. 17.30 start, in the Creche room**

An opportunity for all members and parents to meet the Management Committee. Liz Waddy will present information and answer questions about Swim 21, Club Championships and the organisation of the Club.

## **CLUB CHAMPIONSHIPS 2007** **Dates for your diary in November**

**Programme available online**, see November events.

Tuesday 6th November	Warm-up 6.30pm
Thursday 8th November	Warm-up 6.45pm
Sunday 11 <sup>th</sup> November	Warm-up 5.00pm
Tuesday 13th November	Warm-up 6.30pm
Friday 16th November	Warm-up 6.30pm
Saturday 17 <sup>th</sup> November	Warm-up 5.00pm
Sunday 18 <sup>th</sup> November	Warm-up 5.00pm

## **CHRISTMAS CLOSURE**

Chesham Swimming Club will be closed over the Christmas holiday period. The last session will be **Friday 21<sup>st</sup> December 2007** and the first session after the Christmas break will be **Thursday 3<sup>rd</sup> January 2008**

## **EASTER CLOSURE**

Chesham Swimming Club will be closed over the Easter holiday period. The last session will be **Thursday 20<sup>th</sup> March 2008** and the first session after the Easter break will be **Tuesday 25<sup>th</sup> March 6.30pm**.

**FUN SWIM & BBQ** Make a note in your 2008 diary for this popular event Friday 11<sup>h</sup> July 6-9pm

## **CLUB NEWS**

### **Membership Handbook**

*Tricia Rea* – Membership Secretary

By now you should have received your Membership booklet. Please take time to read this and, if you have not already done so, log on to the website using your username and password to check your personal details are correct.

Any changes to your details can be sent by email to:- [membership@cheshamswimmingclub.org.uk](mailto:membership@cheshamswimmingclub.org.uk)  
Also remember that you need to sign and return the slip to say that you have read the revised Club Constitution and Code of Conduct. This can be left with a coach or at the club desk on a Sunday evening.

### **Chat from the Chair**

*Jane Curtis* – Chairman

I hope you all had a good summer break and are ready to get back to training hard in preparation for the Club Championships in November.

### **Can you help?**

*Sonja Ballingall* – Volunteers Co-ordinator

We are still looking for someone who has computer skills to help maintain our club website and share the task of keeping it up to date with the latest news, gala reports etc.

## Club Shop

Mary Rose - Swim 21 Co-Ordinator



Open every Sunday, 5.20 to 7.30 pm - covering all training sessions

We sell:

- Swimwear (training and competition)
- Hats
- Goggles (training and competition, including prescription)
- Training aids: fins, kickboards, pullbuoys, drink bottles (2<sup>nd</sup> hand fins occasionally available)
- Holdalls and backpacks, specially designed for swimmers
- Club towels with swimmer's name (to order)
- Club Kit: polo shirts and hoodies

[Samples of various sizes are available at the Club Shop for you to try on for size]

For further details and an order form for 'hoodies' Click on the following address:-  
[www.cheshamswimmingclub.org.uk/results/Hoodieorderform.pdf](http://www.cheshamswimmingclub.org.uk/results/Hoodieorderform.pdf)

If we haven't got what you want, we can usually order it for you - please ask us for advice

## Club Sponsors

We are pleased to acknowledge continued support from our club sponsors:



## Liz's Lines

## Autumn 2007

### Club Championships

*Liz Waddy* – Chief Coach

Your chance to race! The programme allows you to qualify for County Championships next February & March. For age group swimmers 200m events (8 lengths) are particularly important as, to be able to swim them well, you have to have learnt good stroke technique. 50m events are fast & fun. 100m events are considered harder for under 12s as they are extended sprints – but there are trophies for many of the winners.

All events will be judged according to the rules set by the Amateur Swimming Association. If you are unsure whether or not you can swim an event correctly, ask your coach. If you do enter events that I know you cannot swim correctly, I will explain to you why you should not attempt that event this year and we will refund your entry fee.

So, choose a mixture of events, race fast and show us what you can do.

## **SQUAD FEES –OCTOBER – DECEMBER 2007**

Squad fees due for the period 1<sup>st</sup> October to 31<sup>st</sup> December 2007 are as follows:

Squad	Full Rate Squad fees due for October 2007 £	Discounted total amount for quick payment + £
Red A and B	72	67
Orange and Yellow	89	84
Green	100	95
Green plus	105	100
Blue	110	105
Purple	134	129
Purple Plus	175	170
Lime	167	162
Lime plus	212	207
Rust	124	119
Brown and Brown*	74	69
Aqua	69	64
Masters 1 night	67	62
Masters 2 nights	86	81

+ If payment is made on or before 10<sup>th</sup> October 2007

### WAYS TO PAY

❖ **Favoured option - direct credit**

To: **Barclays Bank, sort-code 20-02-06.**  
**Chesham Swimming Club, account number 90251305,**  
**Please quote oldest child's first & surname as a reference**

Alternatively

- ❖ By cheque made payable to Chesham Swimming Club
- ❖ By post, direct to the Treasurer Liz Rose –  
20 Stubbs Wood, Chesham Bois, Amersham, Bucks, HP6 6EY
- ❖ At the Club Shop on Sunday evenings

Any fees not paid by 10<sup>th</sup> October 2007 may not take advantage of the quick payment discount.

**Any fees not paid by 31<sup>st</sup> October 2007**  
**will be charged an extra £5 on top of the full rate squad fees.**

*Liz Rose* - Treasurer