

## Liz's Lines

Liz Waddy – Chief Coach

As this is published we are coming to the end of this year's Berks & S Bucks County Championships and to the final round of Thames Valley Junior League – only two of the many competitions in which Chesham swimmers compete.

It's very easy for those of us who have been around competitive swimming for a number of years to forget how confusing the competition scene can seem to newcomers. To help ease the confusion, I am planning a 'Guide to Competitions' which will be available to all Club members and will, I hope, answer most of the questions commonly asked. I hope to have it ready by the end of April – watch this space!

## Club Shop

Mary Row - Shop co-ordinator

From April the Shop will no longer stock a full range of swimwear, due to increasing availability through the Internet. Members will be offered the opportunity to order on-line direct from the Club suppliers through a special link from our Club Website, which will ensure that the Club continues to receive a commission from sales. Details will be sent to everyone in due course

The Club Shop will continue to open every Sunday from 5.20 - 7.30 pm, selling:

- Black competition swimwear
- Hats, Goggles (training and competition, including prescription)
- Training Aids: fins, kickboards, pullbuoys, drink bottles
- Holdalls and Backpacks, specially designed for swimmers
- Club Clothing: Polo shirts and Hoodies (to order) + Club Hats
- Club Towels with swimmer's name (to order)

*Special Offer - Neoprene compact poolside bags (limited stock)*

Ideal for poolside, packed lunches, etc. Available in black or purple – a 'must have' accessory for 2008 and just £5.00 each [rrp£25.00]. All proceeds kindly donated to the Club by Compuhealth of Chesham.

### **CLUB NOTICE BOARD**

- The Club has two Notice Boards; you can find them next to the Sports Hall
- Please take time to look at them regularly
- All Gala results are displayed here
- You will also find details and news of forthcoming events

## **Chesham Swimming Club**

Chesham Leisure Centre, White Hill, Chesham, Bucks. HP5 1BB

[www.cheshamswimmingclub.org.uk](http://www.cheshamswimmingclub.org.uk)

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*Sanja Ballingall - Editor*

## **DATES FOR YOUR DIARY**

### **EASTER CLOSURE**

Chesham Swimming Club will be closed over Easter weekend. The last session will be **Thursday 20<sup>th</sup> March 2008** and the first session after the Easter break will be **Tuesday 25<sup>th</sup> March 6.30pm**

**'GOLDEN COMPASS' FUN GALA** 5pm – 8.30pm Sunday 11<sup>th</sup> May 2008

Please complete and return the attached entry form by **closing date Sunday 20<sup>th</sup> April**

**ANNUAL GENERAL MEETING** 5.30pm Sunday 18<sup>th</sup> May 2008

**FUN SWIM & BBQ** 6pm - 9pm Friday 11<sup>th</sup> July 2008 Details to follow in next Wavelength and on the website

### **SUMMER CLOSURE –**

Chesham Swimming Club will be closed over the summer holiday period. The last session will be **Thursday 31<sup>st</sup> July** and the first session after the summer break will be **Thursday 28<sup>th</sup> August**

### **CLUB CHAMPIONSHIPS 2008**

Programme available online, see November events.

SESSION 1	Tuesday 4 <sup>th</sup> November	6.30pm - 8.00pm
SESSION 2	Thursday 6 <sup>th</sup> November	6.45pm - 8.15pm
SESSION 3	Sunday 9 <sup>th</sup> November	5.00pm - 8.30pm
SESSION 4	Tuesday 11 <sup>th</sup> November	6.30pm - 8.30pm
SESSION 5	Friday 14 <sup>th</sup> November	6.30pm - 8.00pm
SESSION 6	Saturday 15 <sup>th</sup> November	5.00pm - 8.30pm
SESSION 7	Sunday 16 <sup>th</sup> November	5.00pm - 8.30pm

We have kept the annual subs at £36 for the forthcoming year, (Apr 08 – Mar 09). This sum has not increased for some years even though the ASA have increased their fees to us. Please note that we intend to increase the annual subs to £42 in the next financial year.

**SQUAD FEES are due NOW for APRIL – JUNE 2008**

Squad fees due for the period  
1<sup>st</sup> April to 30<sup>th</sup> June 2008 are as follows:

Squad	Annual Subs £	Full Rate Squad fees for April to June 2008 £	Total payment due for April to June 2008 £	Discounted total amount for quick payment £
Red A and B	36	74	110	105
Orange & Yellow	36	91	127	122
Green	36	102	138	133
Green plus	36	107	143	138
Blue	36	112	148	143
Purple	36	137	173	168
Purple Plus	36	179	215	200
Lime	36	171	207	202
Lime plus	36	217	253	248
Amber	36	127	163	158
Burgundy & Burgundy*	36	76	112	107
Aqua	36	71	107	102
Masters 1 night	36	69	105	100
Masters 2 nights	36	88	124	119
Students pay as you go	36		36	-

+ If payment is made on or before 10<sup>th</sup> April 2008

**WAYS TO PAY**

❖ **Favoured option - direct credit**

**To: Barclays Bank, sort-code 20-02-06.**

**Chesham Swimming Club, account number 90251305,  
Please quote oldest child's first & surname as a reference**

Alternatively

- ❖ By cheque made payable to Chesham Swimming Club
- ❖ By post, direct to the Treasurer Liz Rose –  
20 Stubbs Wood, Chesham Bois, Amersham, Bucks, HP6 6EY
- ❖ At the Club Shop on Sunday evenings

Any fees not paid by 10<sup>th</sup> April 2008 may not take advantage of the quick payment discount.

**Any fees not paid by 30<sup>th</sup> April 2008**

**will be charged an extra £5 on top of the full rate squad fees**

Please note that fees are non refundable on leaving the club *Liz Rose* – Treasurer

Membership details - Please log on to the club website and check your contact details are correct. Notify the Membership Secretary, Tricia Rea, of any changes.

**CLUB NEWS**

**CSC Management Committee**

There are a few Committee members retiring this year and we need to find other parent volunteers that may be able to fill their place and take over some of their duties. If you are interested in becoming a member please contact Tricia Rea - [membership@cheshamswimmingclub.org.uk](mailto:membership@cheshamswimmingclub.org.uk) or speak to any of the Committee Members.

**Parents information meeting 5pm Sunday 18<sup>th</sup> May**

All parents are invited to meet some of the Management Committee. It will be an opportunity to find out more about how the Club is run and how you can help to keep it running successfully for the future. You are all welcome to join us. This will be followed immediately afterwards by the Club Annual General Meeting.

**ASA OFFICIALS**

**Judges 1**

*Sonja Ballingall* - Volunteer co-ordinator

We have now run 3 successful Club Timekeeper courses and hope those who attended will want to expand their role on poolside by moving on to Judge level 1. There will be a theory workshop with a DVD demonstrating the correct stroke work and touches for turns. With practical experience at galas, a further workshop, completion of a workbook and a final review we hope many of you will go on to qualify and help your club further. If interested contact Sonja via email, phone or in person at the pool.

**ASA Young Aquatic Organiser Award**

The Young Aquatic Organiser Award is aimed at 14 – 18 year olds who are developing their leadership and coaching skills and wish to help at aquatic activities. We shall be running a course during the Easter holidays, one full day's theory followed by two one hour practical training sessions leading on to further practical experience helping at the Youth Games on June 7<sup>th</sup>. If you are interested please contact Sonja Ballingall.

*Our thanks go to the continuing support from our sponsors*



**Golden Compass Sprint & Relay Challenge 2008**  
**Sunday 11<sup>th</sup> May            5.00pm warm up; start 5.30pm**  
**(To be swum under ASA Laws & Technical Rules)**

**This evening is a FUN CLUB EVENT for all our swimmers.**

**FORMAT**

All swimmers who enter the event will be allocated to one of four teams – each headed by a Captain. The teams will compete against each other in a series of individual & relay events. Team members will score points for their team, as happens at any team gala.

**ELIGIBILITY**

To be eligible to take part, swimmers must be members of the Club on the closing date for entry and their annual subscription and / or squad fees must be up to date.

**EVENTS**

There will be 50m events in all four strokes and a variety of relays. All entrants will have a minimum of 3 swims including at least one individual event.

**TEAMS**

Once entries have closed the promoters will allocate swimmers to teams. This will be done using swimmers current ranking within the Club. Team Lists will be posted on the Club Notice Board by Sunday 4<sup>th</sup> May. They will be e-mailed to you, or you can collect a copy from the club shop on Sunday 4<sup>th</sup> May.

**ENTRIES & ENTRY FEES**

If you wish to enter please return the entry form with your entry fee - £5.00 (either cash in note form only please, or cheque payable to Chesham SC), in a sealed envelope, to the event organiser - Sonja Ballingall - by at latest **Sunday 20<sup>th</sup> April**. Entries can be handed to coaches, given to the club shop or posted to Sonja at 69 Lye Green Road, Chesham, Bucks HP5 3NB.

**WITHDRAWALS**

If you have entered, please try and take part. Should you have to drop out, because of illness or some other unavoidable factor, you **MUST** notify Sonja Ballingall 01494 785922 - by at latest 12.00 noon on the 11<sup>th</sup> May.

**PHOTOGRAPHS** [do we have a willing parent who would like to take photos during the gala? If interested please speak to Sonja before the closing date]

**We may be taking some photographs during this Gala and hope to offer them for sale. If you do not want your child to be photographed please inform Nigel Brand in writing.** Either by post at: 1 The Chase, Chesham, Bucks. HP5 2DW, or via email at: [nigel.brand@virgin.net](mailto:nigel.brand@virgin.net), by **Sunday 20<sup>th</sup> April**

**Parental help - To run this event we shall need parents to help on poolside from 5pm – please fill in your part of the entry form**

----- Cut here ----- **please keep the above part of the form for contact details** ----- Cut here -----

Entry form – please complete one line for each swimmer

SWIMMER'S DETAILS    Name \_\_\_\_\_ Squad \_\_\_\_\_

SWIMMER'S DETAILS    Name \_\_\_\_\_ Squad \_\_\_\_\_

SWIMMER'S DETAILS    Name \_\_\_\_\_ Squad \_\_\_\_\_

PARENTAL HELP        Yes I am able to help during Spring Sprint & Relay Challenge, Sunday 11<sup>th</sup> May – 5pm onwards

HELPER'S DETAILS        NAME -----

Don't forget to include your entry fee - £5.00 per swimmer (either cash in note form only please, or cheque payable to Chesham SC)