

WAVELENGTH

Chesham Swimming Club

Chesham Leisure Centre, White Hill, Chesham, Bucks. HP5 1BB

www.cheshamswimmingclub.org.uk



ISSUE NO 73

SPRING 2007

SQUAD FEES are due NOW - see page 4

[Can you help?](#)

We need someone who has computer skills to help maintain our club website and share the task of keeping it up to date with the latest news, gala reports etc.

[DATES FOR YOUR DIARY](#)

[SQUAD FEES – Schedule for your diary](#)

Fees are due quarterly on 1st of January, April, July & October. Usual discount of £5.00 applicable provided fees are paid by the 10th of the month in which they fall due.

[EASTER CLOSURE](#)

Chesham Swimming Club will be closed over the Easter holiday period.

The last session will be **Thursday 5th April 2007** and the first session after the Easter break will be **Tuesday 10th April 6.30pm**.

[CAPTAINS' CHALLENGE SPRING 2007](#)

Sunday May 13th, entry forms attached, they will also be available from the Website as from 8th April. **There will be no entry fee for this event.** The club has had a refund from the Leisure Centre for the hours lost due to snow and late arrival of their staff. This refund is being used to fund the Spring Challenge gala.

[ANNUAL GENERAL MEETING](#) 5.30pm Sunday 20th May 2007

[FUN SWIM & BBQ](#)

Make a note in your 2007 diary for this popular event Friday 6th July, 6-9pm

[SUMMER CLOSURE](#)

Chesham Swimming Club will be closed over the Summer holiday period.

The last session will be **Sunday 29th July 2007** and the first session after the Summer break will be **Wednesday 29th August 2007**.

Club Shop at Chesham Leisure Centre

Open every Sunday, 5.20 to 7.30 pm - covering all training sessions

We sell:

- Swimwear (training and competition)
- Hats
- Goggles (training and competition, including prescription)
- Training aids: fins, kickboards, pullbuoys, drink bottles (2nd hand fins occasionally available)
- Holdalls and backpacks, specially designed for swimmers
- Club Kit: polo shirts and hoodies [Samples of various sizes are available at the Club Shop for you to try on for size] [For further details and an order form for 'hoodies'](#) Click on the following address:- www.cheshamswimmingclub.org.uk/results/Hoodieorderform.pdf
also available towels - all with Club logo (to order)

If we haven't got what you want, we can usually order it for you - please ask us for advice

Visit the Club website...

Log on to: www.cheshamswimmingclub.org.uk

IMPORTANT NOTICE

To ensure smooth delivery of email from Chesham Swimming Club regarding the quarterly 'Wavelength', any other club business and information, please ensure that the following email addresses are entered in your email address book/list:

wavelength@cheshamswimmingclub.org.uk, website@cheshamswimmingclub.org.uk
chiefcoach@cheshamswimmingclub.org.uk, volunteers@cheshamswimmingclub.org.uk

The above is particularly important if you use 'Hotmail', 'Yahoo' or 'AOL' as your Internet Service Provider (ISP) and/or email service provider.

Also, if you use Norton Internet Security 'Antispam', or similar program, please ensure that the above email addresses are entered in your software 'allowed' list and removed from any 'blocked' listings.

Thank you

'SECURE MEMBERS' AREA', CHESHAM SWIMMING CLUB WEBSITE

You will have received an email with your unique username and password, one for the swimmer and one for the ASA registered parent, please take time to check the site.

If you have lost your email with your unique username and password please email website@cheshamswimmingclub.org.uk

Please log on and check your details are correct - both parents and swimmers details. It is important that your contact details are correct in particular emergency telephone numbers.

Swimmers should keep a record of their Pbs, further details on the website

We are pleased to acknowledge continued support from our club sponsors:



SJI Design, Chesham based award-winning web design studios kindly host our Club website and email facilities and can offer web based solutions for the individual; sole trader/self employed; small business through to blue chip organisations. For an informal discussion about your requirements, please call Les Winchester at SJI Design, Tel: 01494 758155 or visit www.sjidesign.com for more information.

FastBreak Sports, based in the High Street in Chesham, are nominated suppliers to a number of local schools for sports/PE kit and sports equipment. Please visit our sponsor for all your sporting goods requirements including extensive Cricket equipment and accessories. The ICC Cricket World Cup is just beginning in the West Indies – see <http://cricketworldcup.indya.com> for full World Cup details and match previews, stats and updates. You can contact Fastbreak by email: fastbreak@btinternet.com

Serina Consulting, responsible for developing the Club Database and 'Secure members' area'. A well designed website can be an incredible asset. A simple site can be done for less than you think and comes with free domain registration and hosting for the first year. We also install, service and repair wireless networks and computers, remove viruses, spyware and other nasties. Please go to: www.serina.co.uk to find out more.

Brook Leisure, located in Prestwood, is the latest and a very welcome sponsor to support Chesham Swimming Club. As suppliers of a wide range of school, sports & leisure clothing and accessories they also offer a full, bespoke, screen printing and embroidering service. Nominated supplier for a number of local schools and clubs' clothing and accessories, **Brook Leisure** has supplied Chesham Swimming Club with polo shirts, tracksuits, towels etc. for a number of years.

CLUB NEWS

Chat from the Chair

Chesham Swimming Club is very lucky to have so many parents and friends prepared to get stuck in and help out. We are, however, always looking for more volunteers, particularly among the parents of our younger members. We need to plan for our succession so that the Club can continue to thrive and be successful in the years to come. If you are interested in using your skills to help the Club, do please come and talk to any member of the Committee.

I am very pleased to be able to tell you that the Committee has agreed that in the light of the strong financial position of the Club there will be no increase in the annual subscription [due in April] which will remain at £36 a year. In addition there will be no increase in the currents levels of squads fees.

Finally at the time of writing there is good news to report from the County Championships at Maidenhead. Chesham had more entries than ever before and many of our swimmers have swum huge Pb's in the races, which have already taken place. A big well done to everyone.

Jane Curtis

Liz's Lines

Spring 2007

First blatant advertising! Let's have LOTS of entries for the Captains Challenge Gala – it is good sprint training for experienced swimmers, it gives less experienced swimmers the chance to compete in a familiar environment and it gives me lots of racing times.

Next, a warm welcome to all who have joined the club since the last newsletter! We hope you will enjoy your membership of the club, improve your swimming and take part in appropriate competitions. Some of you have already taken part in a round of Personal Challenge – a great way to learn the rules of competition. Another good starting point is the Captains Challenge Spring Gala. It's a fun event for the whole club – everyone who enters is allocated to a team and then competes in races to score points for that team. It's my job to make sure that you take part in events that you will understand and will be able to swim well in. It's your job to race, cheer noisily for your team and enjoy the evening!

SQUAD FEES – APRIL - JUNE 2007

Squad fees due for the period 1st April to 30th June 2007 are as follows:
This includes Annual Subscription.

Squad	Annual Subscription £	Full Rate Squad fees for April to June 2007 £	Total payment due for April to June 2007 £	Discounted total amount for quick payment £
Red A and B	36	72	108	103
Orange and Yellow	36	89	125	120
Green	36	100	136	131
Green plus	36	105	141	136
Blue	36	110	146	141
Purple	36	134	170	165
Purple Plus	36	175	211	206
Lime	36	167	203	198
Lime plus	36	212	248	243
Rust	36	124	160	155
Brown and Brown*	36	74	110	105
Aqua	36	69	105	100
Masters 1 night	36	67	103	98
Masters 2 nights	36	86	122	117

+ If payment is made on or before 10th April 2007
PLEASE TAKE NOTE OF WAYS TO PAY

❖ **Favoured option - direct credit**

To: **Barclays Bank, sort-code 20-02-06.**
Chesham Swimming Club, account number 90251305,
Please quote oldest child's first & surname as a reference

Alternatively – cheque made payable to Chesham Swimming Club

❖ By post, direct to the Treasurer Liz Rose –
20 Stubbs Wood, Chesham Bois, Amersham, Bucks, HP6 6EY

❖ At the Club Shop on Sunday evenings

Any fees not paid by 10th April 2007 may not take advantage of the quick payment discount.

Any fees not paid by 30th April 2007
will be charged an extra £5 on top of the full rate squad fees.

Spring Sprint & Relay Challenge 2007
Sunday 13th May
5.00pm warm up; start 5.30pm
(To be swum under ASA Laws & Technical Rules)

This evening is a FUN CLUB EVENT for all our swimmers

FORMAT

All swimmers who enter the event will be allocated to one of four teams – each headed by a Captain. The teams will compete against each other in a series of individual & relay events. Team members will score points for their team, as happens at any team gala.

ELIGIBILITY

To be eligible to take part, swimmers must be members of the Club on the closing date for entry and their annual subscription and / or squad fees must be up to date.

EVENTS

There will be 50m events in all four strokes and a variety of relays. All entrants will have a minimum of 3 swims including at least one individual event.

TEAMS

Once entries have closed the promoters will allocate swimmers to teams. This will be done using swimmers current ranking within the Club. Team Lists will be posted on the Club Notice Board by Sunday 6th May. They will be e-mailed to you, or you can collect a copy from the club shop on Sunday 6th May.

ENTRIES [please note there is no entry fee due for this year's gala]

If you wish to enter please return the entry form to the event organiser - Sonja Ballingall - by at latest **Sunday 22nd April**. Entries can be handed to coaches, given to the club shop or posted to Sonja at 69 Lye Green Road, Chesham, Bucks HP5 3NB.

WITHDRAWALS

If you have entered, please try and take part. Should you have to drop out, because of illness or some other unavoidable factor, you **MUST** notify Sonja Ballingall 01494 785922 - by at latest 12.00 noon on the 13th May.

PHOTOGRAPHS

We shall be taking some photographs during this Gala and hope to offer them for sale. If you do not want your child to be photographed please inform Nigel Brand in writing. **Either by post at: 1 The Chase, Chesham, Bucks. HP5 2DW**, or via email at: nigel.brand@virgin.net, by Sunday 22nd April

Parental help - To run this event we shall need parents to help on poolside from 5pm – please fill in your part of the entry form

--- Cut here ----- **please keep the above part of the form for contact details** ----- Cut here

SWIMMER'S DETAILS

Name **Contact telephone number**
if not already held on Club records

e-mail address **Squad**
if not already held on Club records

PARENTAL HELP

Yes I am able to help during Spring Sprint & Relay Challenge, Sunday 13th May – 5pm onwards

HELPER'S DETAILS Nameplease complete one form per parent

e-mail address **Contact telephone number**
if not already held on Club records if not already held on Club records