

## Session 1

Sat 26th Jan

Warm-up 11.30; start 12.30

This is a cardless meet. **You have to sign in for the 400m events.** For all other events you have to withdraw if you are not going to swim them. **If you are withdrawing from anything, tell me!**

1	Boys 400m Freestyle	11	Jasper Copp
		15	Alastair Dawson
		17+	Michael Curtis
2	Girls 100m Breaststroke	10	Lucy Barton
		14	Izy Brand
		15	Emily Curtis
3	Boys 100m Butterfly	15	Marcus Johansson
4	Girls 200m Freestyle	12	Amy Barton
		14	Olivia Bailey
		15	Jasmin Ballingall Emily Curtis
5	Boys 200m IM	10	Ben Harris
		15	Marcus Johansson

## Session 2

Sat 26th Jan

Warm-up 16.00; start 17.00

6	Girls 400m Freestyle	12	Amy Barton
		14	Olivia Bailey
7	Boys 100m breaststroke	12	Freddie Owen
		13	Ben Millican Gregory Thornton
		15	Alastair Dawson
		17+	Michael Curtis
8	Girls 100m fly	14	Izy Brand Trent Holden Jessy Millican
		15	Jasmin Ballingall
9	Boys 200m Freestyle	12	Freddie Owen
		13	Ben Millican Gregory Thornton
		17+	Michael Curtis
10	Girls 200m IM	10	Lucy Barton Abigail Thornton
		12	Amy Barton
		14	Olivia Bailey Izy Brand Trent Holden Jessy Millican
		15	Jasmin Ballingall Emily Curtis

**Session 3****Sun 27th Jan****Warm-up 08.00; start 09.00**

11	Girls 200 backstroke	10	Abigail Thornton
		12	Amy Barton Hannah Dawson
		13	Amie Smith
		14	Olivia Bailey Trent Holden
12	Boys 400m IM	17+	Michael Curtis
13	Girls 50m Freestyle	14	Olivia Bailey Izy Brand Trent Holden
		15	Jasmin Ballingall Lizzie Comer Alie Curson Emily Curtis
14	Boys 100m Backstroke	15	Alastair Dawson
15	Girls 200m Breaststroke	10	Lucy Barton Abigail Thornton
		13	Amie Smith
		15	Alie Curson Emily Curtis
16	Boys 50m Freestyle	15	Keil Critten Alastair Dawson
		17+	Michael Curtis
17	Girls 100m backstroke	12	Amy Barton Hannah Dawson
		13	Amie Smith
		14	Olivia Bailey Izy Brand Trent Holden
		15	Jasmin Ballingall Lizzie Comer
18	Boys 200m Fly		

**Session 4****Sun 27th Jan****Warm-up 13.00; start 14.00**

19	Girls 400m IM	12	Amy Barton
		14	Izy Brand
20	Boys 200m Backstroke	11	Jasper Copp
		13	William Rose
		15	Marcus Johansson
22	Boys 200m Breaststroke	11	Jasper Copp
		12	Freddie Owen
		13	Ben Millican Gregory Thornton

23	Girls 100 Freestyle	10	Lucy Barton
		12	Amy Barton Hannah Dawson
		14	Olivia Bailey Clare Bartington Izy Brand Jessy Millican
		15	Jasmin Ballingall
24	Boys 100 freestyle	12	Freddie Owen
		13	Nick Bartington Ben Millican William Rose Gregory Thornton
		14	Daniel Hamilton
		15	Keil Critten Alastair Dawson Marcus Johansson